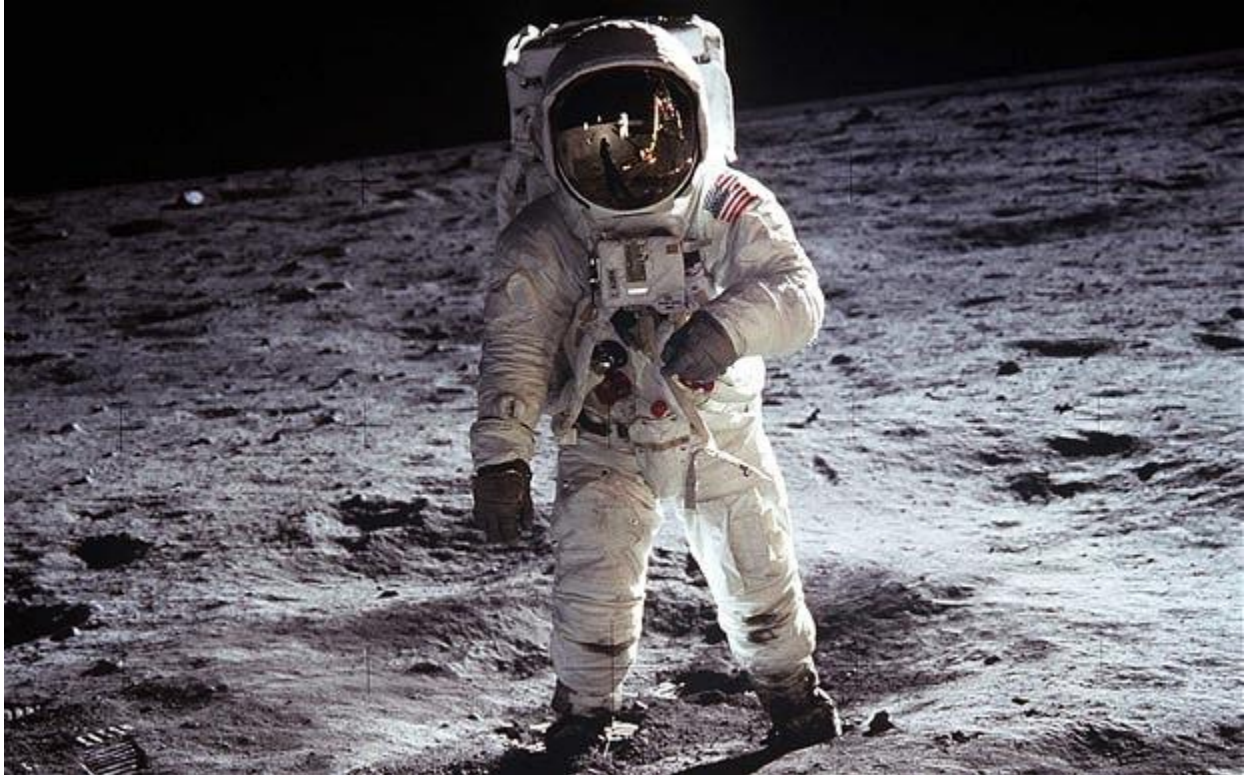


3rd KEY ESSENTIAL GUIDE TO LIVING: CHANGE YOUR PERSPECTIVES THE RUSSIAN COSMONAUT



You know that story of the **Russian cosmonaut**?

So, the cosmonaut, He's the **first man** ever to go into space. Right? The Russians beat the Americans.

So he goes up in this big **spaceship**, but the only habitable part of it is very small.

So the cosmonaut's in there, and he's got this portal window, and he's looking out of it, and he sees the curvature of the Earth for the first time. I mean, the first man to ever look at the planet he's from.

And he's **lost** in that moment.

And all of a sudden this **strange** ticking-[tic, tic, tic...] Begins coming out of the dashboard.

Rips out the control panel, right? Takes out his tools. **Trying to find** the sound, trying to stop the sound.

But he can't find it. He can't stop it. It keeps going.

Few hours into this, begins to feel like **torture**.

A few days go by with this sound, and he knows that this small sound... will break him. He'll **lose his mind**.

What's he gonna do? He's up in space, **alone**, in a space closet. He's got 25 days left to go... with this sound.

So the cosmonaut **decides**... the only way **to save** his sanity... is **to fall in love** with this sound.

So he closes his eyes... and he goes into his **imagination**, and then he opens them. He doesn't hear ticking anymore. He hears music. And he spends the sailing through space in **total bliss... and peace**.

[Rhoda Williams (portrayed by Brit Marling), *Another Earth*]

Perspective- A particular attitude towards or way of regarding something, a point of view

Success is determined not by whether or not you face obstacles, but by your reaction to them. And if you look at these obstacles as a containing fence, they become your excuses for failure. If you look at them as a hurdle, each one strengthens you for the next

[Ben Carson, *Gifted Hands; The Ben Carson Story*]

But then, it all comes down to a choice, it always does. The way we look at any obstacle is all that makes the difference; either as a stepping stone to success or the valley down to failure.



Nsikak-Abasi M.David